



LINK COMMUNITY DEVELOPMENT
MALAWI BIKE RIDE 2011



Thank you for your interest in the **Malawi Bike Ride 2011**.

The **Malawi Bike Ride 2011** will be a tremendous challenge, but an unforgettable experience! In addition your participation will help support Link Community Development's objectives of improving access to quality education in Malawi.

We are delighted to enclose a Registration Pack, which includes:

- Registration form
- Fundraising Ideas
- Itinerary
- Medical Form
- Information about Link Community Development

For the **Malawi Bike Ride 2011** you need to be physically fit and you must also guarantee to raise £2,850, the minimum amount of sponsorship. To ensure the success of the bike ride it is important that you are able to realistically meet both the fitness level required and the sponsorship target.

Your completed registration form should be returned as soon as you can, along with your registration fee. If you return your registration form to us by 31ST August 2010, the registration fee is discounted to £200 instead of £250. After August 31ST 2010 the registration fee is £250.

Once you return your registration form to us, and it has been accepted, we will register you for the **Malawi Bike Ride 2011** and send you the Resource and Information Packs containing information to help you get started on raising your sponsorship commitment; providing vital information about health matters and what to take. In addition, we will send you regular newsletters with up-to-date information and advice. We hope these will encourage you in your fund-raising and training.

We will be happy to help as much as we can with more information or encouragement if you need it! Please feel free to call Louise Stuart on 0131 243 2685 or email: louise@lcd.org.uk

Yours sincerely,

A handwritten signature in purple ink, appearing to read 'MD', with a long, sweeping underline.

Monica Dearden
Programme Director